

Rediscovering Soul

guiding coaches & facilitators as they rediscover the imaginal perspective of soul

Soul-centered Coaching & Facilitation Certificate Program

The program is designed for coaches and group facilitators who want to enhance their professional offerings. You will not complete the program and be a depth psychologist, you will, however, be ready to bring a more imaginal perspective to the work you offer to the world, and to encourage that imaginal perspective in others.

This certificate program will not provide you with entry level skills to become a life coach or facilitator.

Overarching focus area and question explored for each level

I. Creating a Soul-centered Container	II. Encouraging Psychological Creativity	III. Cultivating an Imaginal Perspective	IV. Inviting Soul
<i>How do we design a container that encourages both reflection and action, inviting a shift to an exploration of deeper meaning and insights?</i>	<i>What are the foundational psychological beliefs that enable us to guide a soul-centered process?</i>	<i>How do the concepts of the image and the imaginal realm shape the creation of and movement within a soul-centered container?</i>	<i>How do we listen, reflect, and ask in ways that encourage psychological creativity and invite soul?</i>

V. Soul-centered Mentorship

How do we design, coach, and facilitate soul-centered coaching partnerships and/or group learning experiences?

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<p>Level I: Rediscovering Soul</p> <p><u>Course 1:</u> Module 1 – Ways of Knowing Module 2 – Passions, Glimmers and Sparks</p> <p><u>Course 2:</u> Module 1 - Myth, Gods, and Goddesses Module 2 - Poetry as Imaginal Practice</p> <p>40 hours of blended learning & coaching 8 live coaching sessions</p>	<p>Certification Program Basics</p> <p><i>All 9 courses are required for certification</i></p> <p><i>Courses 1-8 are comprised of blended learning opportunities with self-guided assignments and live coaching sessions.</i></p> <p><i>The self-guided assignments include videos, podcasts, reading, creative assignments, and reflective writing.</i></p> <p><i>Course 9 is a custom mentorship, focused on developing & delivering live sessions and receiving individualized feedback</i></p>	<p>Level II: Encouraging Psychological Creativity</p> <p><u>Course 3: An Archetypal Perspective</u> Module 1 - Psychological Creativity Module 2 - Soul-making: Archetypes to Archetypal</p> <p><u>Course 4: The Archetypal Soul</u> Module 1 - Soul and Spirit Module 2 - The World Soul</p> <p>40 hours of blended learning & coaching 8 live coaching sessions</p>
<p>Level III: Cultivating an Imaginal Perspective</p> <p><u>Course 5: Stick to the Image</u> Module 1 - The Image Module 2 - The Imaginal Realm</p> <p><u>Course 6: Archetypal Movements 1</u> Module 1 - Imagining Things Module 2 - Archetypal Imagination</p> <p>40 hours of blended learning & coaching 8 live coaching sessions</p>	<p>Level IV: Inviting Soul</p> <p><u>Course 7: Archetypal Movements 2</u> Module 1: Falling Apart Module 2: Seeing Through</p> <p><u>Course 8: Storytelling & Mirroring</u></p> <p>40 hours of blended learning & coaching 8 live coaching sessions</p>	<p>Level V: Soul-centered Mentorship</p> <p>40 hours of blended learning & coaching 8 live coaching sessions</p>

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<i>Overarching focus area and question explored within each course</i>			
LEVEL I	LEVEL II	LEVEL III	LEVEL IV
Course 1: Rediscovering Soul	Course 3: An Archetypal Approach	Course 5: Stick to the Image	Course 7: Archetypal Movements 2
1. Ways of Knowing	1. Psychological Creativity	1. The Image	1. Falling Apart
<i>How do we engage the knowing of mind, body, soul and spirit?</i>	<i>What is psychological creativity, or soul-making, and what are some practices that encourage this imaginal approach that can easily be used and shared with others?</i>	<i>What does it mean to “stick to the image” and why is the image central to psychological creativity?</i>	<i>How do we safely guide the process of pathologizing – creatively reflecting on a wounding experience - in a way that uncovers what it offers to soul? (pathologizing)</i>
2. Passions, Glimmers and Sparks	2. Archetypes to Archetypal	2. The Imaginal Realm	2. Seeing Through
<i>What role do passions play in shifting our focus from outer to inner, from events to experiences?</i>	<i>How does Hillman’s archetypal approach differ from the concept of archetypes and what does this archetypal approach offer to a coaching or facilitation experience?</i>	<i>What is the imaginal realm and how is this in-between space different from imaginary or make-believe?</i>	<i>How do we offer the psychological questions that encourage the reflective & creative responses of soul? (psychologizing)</i>
Course 2: Myth and Poetry	Course 4: The Archetypal Soul	Course 6: Archetypal Movements 1	Course 8: Storytelling & Mirroring
1. Poetry as Imaginal Practice	1. Soul and Spirit	1. Imagining Things	
<i>How can the practice of reading poetry and deeply considering the words and images foster creative reflection and insights?</i>	<i>What does soul differ from spirit, and what does each offer to a transformative practice?</i>	<i>What is the psychological movement of personifying and how can it enhance a transformative experience?</i>	<i>How do the practices of storytelling & mirroring allow us to hear and share back the larger truths held within the spoken and unspoken word?</i>
2. Myths, Gods, and Goddesses	2. The World Soul	2. Archetypal Imagination	
<i>How does imagining into myths connect us to deeper truths and universal understandings?</i>	<i>What is the anima mundi, or world soul, and how does the imaginal perspective it embodies impact psychological?</i>	<i>How can an archetypal perspective, grounded in myth and the imaginal, enhance a transformative experience?</i>	

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REGISTRATION		
<u>REGISTER BY THE COURSE</u>	<u>REGISTER BY THE LEVEL</u>	<u>REGISTER FOR THE COMPLETE PROGRAM</u>
<p><u>Level I</u></p> <p>Course 1: \$675 (includes a packet of creative materials for use within all the remaining courses)</p> <p>Course 2: \$575</p> <p><u>Level II</u></p> <p>Course 3: \$575</p> <p>Course 4: \$575</p> <p><u>Level III</u></p> <p>Course 5: \$575</p> <p>Course 6: \$575</p> <p><u>Level IV</u></p> <p>Course 7: \$575</p> <p>Course 8: \$575</p> <p><u>Level V</u></p> <p>Course 9: \$1,250</p> <p>\$5,950</p>	<p>Level I: \$1,150 (Includes course 1 & course 2, plus the packet of creative materials for use within all the remaining courses)</p> <p>Level II: \$1,050 (Includes course 3 & course 4)</p> <p>Level III: \$1,050 (Includes course 5 & course 6)</p> <p>Level IV: \$1,050 (Includes course 7 & course 8)</p> <p>Level V: \$1,250 (Includes course 9)</p> <p>(Save \$400 when you register by level)</p> <p>\$5,550</p>	<p>Complete program: \$4,950</p> <p>(Save \$1,000 when you register for the complete program)</p>

To Register and for More Information

Please email to set up an introductory session

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